

THE FOLLOWING TWO COLUMNS CONTRIBUTED

BY S. G. SPANN.

This Means You.

The well person, man or woman or child can be continually well, absolutely independent of sickness at all times in all localities.

The sick person, man, woman or child, can regain perfect health at very little cost, and remain well the balance of life, and die only as all other machinery die, or gives out, simply by wearing out—this is merely the fulfillment of the physiological law. Providing all the time that recuperative vitality is yet present in the sick body, and that the resuscitatory regimen and proper sanitary rules are strictly obeyed.

Mark this: the well person is well because his outside covering called the cuticle is cleanly, the pores open and serve as a respiratory function, supplementary to the lungs through the blood, and the mucus membrane throughout the entire system is in its normal status, in perfect sympathy with a healthy circulation and a sound state of lymphatics.

The sick person is sick because the blood is abnormal, the skin is inert, the pores clogged and the lymphatics sluggish. The most common result in such a condition is a distempered mucus membrane, depleted blood, liver, stomach and kidney derangement and pulmonary tuberculosis.

The patient seeks a salubrious clime. Why? Because the air so essential to restoration of health is the one thing needful, the essential properties, oxygen, nitrogen, carbonic acid gas and hydrogen must be naturally proportioned. It is in this that El Paso excels during the winter season especially. But the lungs are capacitated to sustain the system and consume just a certain quantity of oxygen which is all sufficient for the entire human anatomy if all parts are sound and in harmonious accord; but if otherwise then the lungs receive their quota of depletion and devitalization, which must be supplemented by natural means. Oxygen is certainly the only vitalizing supplementary agent known to science, and most assuredly none at all is known to the healing art by medication. It is through the pores of the skin that this supplementary process is administered by means of the spontaneous cure method only. If you have lung trouble, bronchitis, asthma, rheumatism, indigestion, nervousness, catarrh, uterine or other acute or chronic troubles you can learn of the speediest process of recovery at 109 Santa Fe Street, El Paso, Texas. Examination and consultation are always without charge.

If you are not comfortably situated

where you are, the manager of Oxydonor Sanitarium can assign you to very suitable quarters on very moderate figures.

Oxydonor Sanitarium.

By special order from the board of directors the Sanitariums established for New Mexico and Texas under spontaneous cure method will be designated and known as OXYDONOR SANITARIUM. This word is a mongrel of the Greek and Latin languages—a hybrid, a compound word which is perfectly legitimate among lexicographers, and means the giver of oxygen. Hence it indicates the fact that the Sanitariums that bear this prefixed hybrid, cure only by climatic or atmospheric agency, simply the process of inducting oxygen into the blood through the pores of the skin, setting up the natural process of physiological combustion, destroying the germ of the disease, eradicating the virus from the blood and restoring perfect health to all parts of the system, speedily, permanently and cheaply.

To Oxydonor Sanitarium Patients.

Every patient who at any time ever placed himself or herself under the care of the Oxydonor Sanitarium, knows with what special solicitude the manager always expressed himself upon the various articles of diet. Patients in Silver City, N. M., will readily recall to memory the special restrictions in diet, absolutely forbidding the use of hog meat in every form.

The blood being vitiated renders the human body highly susceptible to the ravishing development of trichinosis, which even the manager, S. G. Spann, himself confesses he is powerless to eradicate. The manager of the Silver City Sanitarium is in possession of the following horrifying proof of the result of hog-meat eating in Michigan City, Indiana, a short time ago, and gives it to his friends and especially to his patients as a warning to bear in mind all he has said in this and other respects:

DEATHS FROM TRICHINOSIS.

MICHIGAN CITY, Ind., October 23.—One member of the Krueger family, who were stricken with trichinosis, is now living, three members, two girls and one boy, dying last night. The number of deaths from this terrible disease in this family number seven. A sister of Mrs. Krueger, who was visiting at the house when the pork was eaten, is also down with the disease, with very little hope of recovery. The funeral of the last three will be held at the same hour on Sunday. It is one of the saddest calamities that has ever happened in this city. About one month ago the Krueger family, consisting of eight persons, ate a pig afflicted with trichinosis. All are dead but one.

Keep your
on the next
ANIMATOR..



Mogollon Telephone Line.

A. G. Hood, telegraph operator for the Santa Fe at this place, and Mr. Parmelee, an electrician from Denver, started out last Friday to locate the telephone line between this place and Mogollon.

Several routes have been suggested which would make the line considerably shorter than to follow the stage road, but it is a question as to whether anything could be saved in the long run by building the line across the country where it would cost more to keep it in repair than if it was built along the stage road where it could be more easily repaired.

The route by way of Bear creek will be carefully looked over as that is the shortest to the Mogollons. A portion of this route lies over a very rough country, but it is believed that poles can be more easily obtained along this route than any other.

It is believed that the line can be constructed at a cost not to exceed \$5,000. The capital stock of the company is \$10,000 and as much of this will be paid up as will be necessary to construct the line. There will be one office at the station here and another down town. There will be eight other offices at Mogollon and other points along the line.

If the Bear creek route should not be considered feasible the line will either be built by way of Fleming or down the Mangas. The stockholders are confident that the line will earn 12 per cent. on the capital stock. It will be of great benefit to the merchants of this place as well as to the residents of Mogollon and the surrounding country.

Thanksgiving Proclamation.

COUNCIL CHAMBERS,
SILVER CITY, N. M.,
Nov. 17, 1894.

In accordance with the proclamation issued by the president of the United States and the governor of the territory of New Mexico, I, John W. Fleming, mayor of the town of Silver City, do designate and appoint Thursday, the 29th day of November, 1894, as a day of public thanksgiving and praise, respectfully requesting the people of this town to cease from toil and observe the day in a manner suitable to show their appreciation of the many blessings they have received from the Giver of all gifts, the protector and guardian of the weak, the healer of the afflicted and the sorrowing, to whom is due all praise and veneration for His many kindness, bounteous gifts and gracious protection.

Given under my hand and the seal of the town of Silver City, in the territory of New Mexico this, the 17th day of November, 1894.

Attest, JOHN W. FLEMING,
Wm. F. LORENZ, Mayor,
Clerk.

NO FUN ABOUT IT!

E. ROSENBERG,
BOOT AND SHOEMAKER.

I promise you faithfully, in the long run, you shall save half your money, by having your work neatly and promptly done to suit yourself, at E. ROSENBERG'S
Silver City, N. M.